

## SUPPLIES / INSTRUCTIONS FOR SHEAF TOSS

- BAG WITH WEIGHT / STUFFED BURLAP BAG
- A KIDS PLASTIC SHOVEL
- AN ADJUSTABLE CROSS BAR
- THE SHEAF IS A BURLAP BAG STUFFED WITH CHOPPED ROPE AND STRAW.
- THE SHEAF IS TOSSED WITH A SHOVEL OVER A CROSS BAR WITH YOUR BACK TO THE BAR.
- AT LEAST 2 ATTEMPTS ARE ALLOWED AT HEIGHT.
- SEE HOW HIGH YOU CAN GET!